



CRIMINON NEWS

F L O R I D A

CRIMINON MEANS "NO CRIME" | REHABILITATION IS POSSIBLE

2ND QUARTER 2024



Criminon Florida

is part of an international non-profit network dedicated to helping inmates learn to be productive members of society.

Is There a Road to Happiness?

DRAW YOUR OWN ROAD MAP

Get back on the road if you veer off.

In the epilogue of *The Way to Happiness*, we read that the 21 precepts are "*the edges of the road*". We each draw our own map, but when we violate the precepts, we veer off the road and wreck "*the moment, the relationship, a life*."

Stellar Donald M. recently shared how he suffered a series of emotional losses and veered off the road, ending up "at the bottom... I didn't really care anymore." He recounts how, in this desperate state, he received the Criminon Newsletters: "I read the newsletters 5 times that night. It made me realize I had lost my core values and everything *The Way to Happiness* had taught me. It took your words to bring my life back, to bring clarity and focus to a foggy, cluttered mind."



"*There is always a point on the road when one can map a new one*", and Justin H.'s success echoes this: "It's not too late to turn things around and be a positive force in this world. I will not let anyone, or anything derail me or stop me from what I hope to accomplish!"

Richard A. writes about the 21 precepts: "These are the things that I should've learned and mastered as a child. Instead, I began my life doing the opposite of what this course teaches! This is a reset - I'm not preparing for the parole board anymore; I'm preparing to live the rest of my life."

Try to stay on the road; if you veer off, get back on and continue to pursue your goals as you travel on your way to happiness.

The Criminon Florida Team



WHAT CRIMINON STUDENTS ARE SAYING

THE WAY TO HAPPINESS

This course helped me alter my attitudes and behaviors, with myself as well as with others. I now have concrete life skills that I can practice right here, right now. I was able to take positive action to correct myself. I am responsible for me.

| **Kyle C.**

SUCCESSFUL PARENTING SKILLS

I learned how to raise my children so they will know the way to happiness. | **Jason S.**

THE TRUTH ABOUT DRUGS

Taking this course allowed me to accept responsibility for the damage that using drugs has caused my life and my loved ones' lives. The information about the physical effects drugs have on our minds and bodies has made it easier to not use drugs and it motivated me to pass that information on to some friends I have that still use. | **David R.**

UPS & DOWNS IN LIFE

This course taught me to effectively identify dangerous people and avoid interacting with people who pull me down or hold me back. I learned ways to improve my own life and become more successful and to overcome any impact from oppressive people in my environment.

| **Mark L.**

LEARNING IMPROVEMENT

I learned why I had not been successful in learning things. I started reading a book, I got lost, and simply got a dictionary to comprehend words I didn't know. Then I was able to complete the book. I now believe I can learn almost anything by using the steps in this course.

| **Tremayne D.**

THE TRUTH ABOUT DRUGS EXPANDED

Self-discovery – it's a concept I am continually forced to accept and practice with each Criminon course. As a life-long drug and alcohol abuser I deliberately ignored

the consequences and reasons for my drug use. As I went through this course, the facts were presented in a non-judgmental way that left me no excuse to argue the "benefits" of my former drug-induced lifestyle. Instead, I looked inward and accepted my character faults and misguided motivations that fueled my addictive lifestyle. I now feel equipped to go forward with a clear conscience and sober living. | **Alphonse L.**

PERSONAL INTEGRITY

I know freedom is for honest people. This course helped me learn that in my past I was not an honest person; I had no integrity. I've let people down and now I'm seen as an untrustworthy person. I learned if I do something harmful to someone, I'm breaking a moral code that I agreed to, and there is a consequence for that. | **Guy J.**

THE WAY TO HAPPINESS SEMINAR

This seminar taught me things I pushed aside. Now I can show my

WANT TO SHARE WHAT YOU'VE LEARNED WITH OTHERS?

The best way to do this is to get OTHERS to sign up for *The Way To Happiness* Course. It's a fun game you can participate in. Just give a yellow card to someone who is not already on the course, have them fill it out themselves and send it in – no postage required.

Or they can write us a letter requesting to start the course. Earn a special commendation when three students you refer send in their first lesson.

YELLOW CARDS ARE FOR NEW STUDENTS.

OUR COURSES ARE AVAILABLE IN SPANISH.



We want to hear from you!

Tell us about your wins and successes.

Write us at Criminon Florida
PO Box 2396 Clearwater Florida 33757

kids the proper way to live and treat others. | **Robert S.**

THE TRUTH ABOUT DRUGS SEMINAR

I never thought a doctor prescribing drugs for pain would cause an addiction that would bring pain not only to me, but also to the people who care about me. I can use what I learned so others don't have to go through what the people in the seminar video did. | **Jerry E.**

THE WAY TO HAPPINESS

I've learned to focus on the choices I make and not blame others for the outcome of my choices. I separated myself from the negative influences in my life and changed my way of thinking. I think about how my actions and choices affect my future and those around me. This course was my chance to change my ways. | **Trenton H.**

TRUTH ABOUT DRUGS

I had no idea drugs and alcohol used up vitamins in my body. That explains why they numbed my feelings including the ones that used to make me feel happy and creative. It created a vicious downward reinforcing cycle. Drugs created negative thoughts my memory sometimes still offers up in opposition to the happy feelings I want. Drugs never solved any of my problems; they made me feel worse. What makes me feel good is thinking about good things and doing the right thing. | **Matthew B.**



STELLAR STUDENTS

What is a Stellar Student? He or she is one who has completed all of the required courses in our program. That is definitely an accomplishment. All of you should work toward becoming Stellar Students. You'll be glad you did.

Very well done to all of the students listed here for becoming a Stellar Student this quarter!

Bradley M. Derrick G. Jason S.
Darrow S. Dwayne L.

STELLAR SUCCESS

When I got my Stellar Achiever certificate I was as proud as when I received my GED. There was a sense of accomplishment and self worth. I truly felt like someone other than an animal in a cage. My supervisor kept me motivated and focused, especially when I felt like giving up. I discovered a lot of new information. Thank you! | **Derrick G.**



CRIMINON COURSES

"There is no person alive who cannot make a new beginning." — L. Ron Hubbard

THE WAY TO HAPPINESS

Teaches a moral code that, when applied to one's life, leads to a person recovering his self-respect.

LEARNING IMPROVEMENT

Gives the main reasons a person gives up study and then teaches the tools of how to study correctly.

THE TRUTH ABOUT DRUGS

Covers the "hows and whys" of drug addiction and how one can become free from the hold that drugs can have.

PERSONAL INTEGRITY

Teaches the principles one can use to help regain one's own personal integrity.

UPS & DOWNS

Covers the reasons why a person feels like something is holding them back or stopping them from reaching their goals.

PARENTING SKILLS

Gives a better understanding of how to raise children so they become happy, loving, productive and valued members of society.



252 COMPLETIONS FOR APRIL - JUNE 2024



CRIMINON GRADUATES



Bentsy M Jenelle B Richard S Rodney T

THE WAY TO HAPPINESS COURSE

Aldo B	Carlos R	George G	Juan M	Michael B	Richard M
Andrew H	Cassandra C	Harvey B	Justin H	Michael W	Robert A
Antonio C	Comelius M	Irving M	Kenneth P	Miguel R	Robert J
Armando F	Darryl S	James G	Keontay B	Napoleon P	Roger J
Arrius T	David W	Jason W	Kimberly R	Nelson B	Sergio R
Beverly L	Deiontrae B	Jayson D	Kyle C	Nikolaus V	Susan H
Brian F	De'Sean W	Jeffrey S	Lamar B	Phillip T	Tavner C
Brodley B	Donald B	Jesse F	Landon E	Raheem N	Travis D
Bulmaro M	Earl G	John W	Marlena A	Reginald G	Trenton H
Calum T	Emilia C	Jorge L	Marvin L	Richard A	William B
Carl S	George A	Joshua T	Matthew S	Richard B	

THE TRUTH ABOUT DRUGS COURSE

Afghari B	Dennis F	John M	Justin W	Melvin D
Anthony W	James D	Joseph B	Lee G	Richard B
Chadwick K	James S	Joseph Q	Loniel K	Terrance J
Chedrick T	John F	Jovan D	Matthew B	Terrance R

SUCCESSFUL PARENTING SKILLS COURSE

Bradley M	Derrick G	James S
Darrow S	Dwayne L	Jason S

THE LEARNING IMPROVEMENT COURSE

Anna R	Daniel E	Hector M	Justin W	Terrance R
Anthony D	Danny M	Isaiah W	Lens T	
Anthony H	Eduardo A	Jacob C	Luis R	Terry L
Bentsy M	Efrain D	Jeffery P	Mark B	Tremayne D
Chad J	Ehab Q	Joseph B	Raymond B	
Dahnyah W	Frances D	Joseph M	Rene S	

THE TRUTH ABOUT DRUGS EXPANDED COURSE

Alex D	Anthony R	Jesse S	Marash G	Richard S
Alphonse L	Jason A	John M	Marshall B	
Andy A	Jenelle B	Karl S	Paul S	Russell S

PERSONAL INTEGRITY COURSE

Colton S	Guy J	Marash G	Roderick W
Gilbert S	Lorenzo C	Nathal T	William T

THE TRUTH ABOUT DRUGS SEMINAR

Alesandre A	David W	Jackson B	Jordan W	Paul P	Shannon B
Allen L	David Z	James B	Jorge U	Randy T	Stanley W
Anthony Re	Del J	James M	Jose G	Reuben C	Steve I
Anthony Ru	Dwight B	James R	Joseph M	Richard R	Steven R
Bentsy M	Earl M	James V	Joseren D	Robert B	Tanis L
Brad E	Eddie K	Jamie K	Kenneth M	Robert E	Theodore G
Brian R	Edward C	Jean V	Lacey B	Robert G	Timothy F
Cameron R	Ellis L	Jerrod W	Leroy M	Robert M	Usman A
Charles O	Felix O	Jerry E	Lloyd J	Robert T	Wilfredo C
Christopher W	Francois G	Jimmy F	Luis C	Robert V	Willie M
Dana W	Frederick L	John W	Melvin B	Robert Z	Zabrian A
Danny F	George A	Johnaton B	Mickey C	Rudo G	
David A	Gerard W	Jonathan M	Otis F	Rudolph W	

THE WAY TO HAPPINESS SEMINAR

Anthony R	David G	Glen H	Luther B	Robert V	Willie A
Cassandra C	Derek T	John R	Marilyn M	Robert Z	
Christian F	Francisco S	Joseph S	Michael W	Thomas T	
Curtis F	Fredy R	Joshua A	Robert F	Victor M	

THE UPS & DOWNS COURSE

Chad S	Gary J	Jimmy T	Michael M	Zacheriah D
Craig B	Gerald W	Loren A	Thomas M	
Ernesto C	James G	Mark L	Tyler B	

CONDITIONS OF LIFE COURSE

Todd T

THE COMMUNICATION TOOLS COURSE THEORY

Richard W

